

### More on the Pure Vibration Combinations

Being able to maintain balance and harmony within our own energetic system has always been important, however it is now becoming more crucial as the intensity of change in our world continues to increase. Everything that we think and feel contributes to our personal and collective reality so all of us that are awake and aware have a responsibility to ensure that what we contribute, is as far as possible, in alignment with what we would like to experience in the future.

#### Balancing polarities

Most of us still live our everyday lives largely in polarity consciousness, yet we now also have the opportunity to access the higher frequencies of unity consciousness from where we will eventually create a vastly different world. This is challenging many people right now to understand and balance their polarised perception of the world. What we experience as a polarity is simply the opposite extremes of the same energy. Once we are able to see both sides of this energy as equal and relevant we can find the central point of balance, like the fulcrum point on a seesaw. Until then we are vulnerable to being triggered off and more easily pushed out of balance and alignment. The Pure Vibrations Spray Collection is designed to offer a new level of support for everyone seeking help to create greater inner balance and alignment in these exciting but often challenging times.

#### Sprays for quicker rebalancing

Vibrational essences sprayed into the auric field have a more instantaneous impact than a similar combination taken orally does and for this reason will very quickly help you to rebalance and realign your energy fields so that you can find that all important point of balance. They also do not work quite so deeply as a combination taken orally will and for that reason have proved very good for those sensitive souls who find it difficult to take deep acting combinations of essences internally for any length of time.



#### How To Use the Pure Vibrations Sprays

Spray liberally into the auric field for a quick and effective energetic realignment or use over a period of time to support more permanent transformation. You can also take these essence sprays internally in the same way as our other essence combinations if you wish.

Please Note - Using vibrational essences does not replace medical treatment.

## How to Order

You can order any of the Pure Vibration Collection sprays:-

#### By Phone

01379 642374

#### On our Website

[www.crystalherbs.com](http://www.crystalherbs.com)

#### Or you can order by Post

Crystal Herbs - 1d Gilray Road, Diss, Norfolk.  
IP22 4EU. U.K. Please include payment with order.

#### Prices

For our latest prices, please see our current order form or look on our website - [www.crystalherbs.com](http://www.crystalherbs.com)

## Help & Advice

If you need any help or advice with choosing and using these Essences, please do contact us.



## Handmade with Love & Care

From making the Mother Tincture to bottling and labelling the stock bottles that we send you, each essence is handmade with love and care helping to ensure that we provide you with the best possible quality of essence.

**Storage Advice** - It is best to store vibrational medicine in a cool place away from TV's, microwaves, computers etc.

## Find Out More

You can find out more about our complete range of Bach Flower Remedies and Flower, Gem & Crystal Essences, by visiting our website - [www.crystalherbs.com](http://www.crystalherbs.com) or by requesting a copy of our **free catalogue**.

*Crystal Herbs*

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Crystal Herbs is a member of the  
British Association of Flower Essence Producers



# Pure Vibrations Collection

*energetic support  
& positive vibrational alignment*

## The Pure Vibrations Spray Collection

Our spray essences have been designed specifically to provide you with easy access to the energetic support that will help you maintain a positive vibrational alignment, no matter what challenges you face in life. These sprays can be taken internally in the same way as our other essence combinations as well as being used externally.



*Crystal Herbs*

A wonderful selection of Flower, Gem & Crystal  
Essences promoting Unity of Mind, Body & Spirit.

**Flower, Gem & Crystal Essence Combinations**



## The Pure Vibrations Collection

A collection of Flower, Gem & Crystal Essence Sprays for Positive Vibrational Alignment.

### Angelic Gifts

*Friends in high places*

Inspiration, illumination and guidance for our life's path and the challenges we face on it are always available from the Angelic Realms when we remember to ask for it. The Angels can best help us when we align our vibration with theirs and listen for their gentle promptings with love and gratitude in our hearts. Use this spray to help bring you into greater vibrational alignment with the Angelic Realms and to be open to receive the gifts of their love, light and wisdom to assist you see the higher plan of your life.

\* Celestite, Philadelphus, Angels of Love, Wisdom, Grace, Gem Silica.

### Auric Protection

*Safe boundaries*

Auric Protection (Divine Harmony Essences) has been one of our most popular combinations over the years and we feel that many people will find it to be especially supportive in spray form, because of the immediacy of its action. Use this spray to help strengthen your aura and energy fields when you know that you will be facing situations that normally present you with an energetic challenge. You will find it particularly helpful if you tend to be over sensitive to others emotions or thoughts, or experience an 'energy drain' when around lots of people. Use it in emotionally charged situations to help separate your emotions from those of others.

\* Yarrow, Pennyroyal, Staurolite, Lodestone, Larimar.

### Clarity & Perspective

*Clearing confusion*

This spray brings a 'breath of fresh air' to the mind. It is wonderful to use at those times when you find yourself going round and round in your mind about an issue or situation and just getting more and more confused and unable to 'see the wood for the trees'. It will quickly relax the mental body allowing 'mental blocks' to dissolve and the mind to expand so that you can connect with the greater clarity and perspective available from your soul through your higher mind. As Albert Einstein so aptly said 'the answer to a problem will never be found at the level at which it was created'.

\* Hydrangea, Lemon, Dandelion, Citrine, Labradorite, Apatite.

### Earth Connection

*Strong foundations*

This spray will very quickly help you to realign and rebalance when you are feeling ungrounded or disconnected from your body. Many of us carry unconscious patterns that discourage us from fully activating our energetic connection with the Earth. However the higher we reach spiritually the more we need the solid support of our earth connection and energetic foundations so it is important that we focus on strengthening these consciously. Our own internal cleansing process as well as the constant shifts now taking place within the Earth as a result of her own cleansing, can both leave us feeling temporarily ungrounded and unsettled. Use this spray to pull you firmly back into your body and help you to realign and stabilise your energetic foundations.

\* Black Tourmaline, Loosestrife, Copper, Smoky Quartz, Ruby, Cavansite.

### Energetic Alignment

*Soul connection*

When our energetic system is aligned through all the levels it is easier for us to release old patterns and issues as well as to receive guidance and help from the more expanded aspects of ourselves. Our lower energy bodies also need to be in balance and alignment so that we can act as a channel for our soul's light to flow through into the world. The more we use focus and intention to create this alignment the stronger it will grow. Use this spray regularly to help bring all of your subtle bodies, chakras and subtle energy points into greater alignment. This will powerfully assist any energy healing technique that you are using as well as enhancing your ability to meditate and to connect more fully with your soul and higher guidance.

\* Copper, Loosestrife, Charoite, Sapphire, Peridot, Azeztulite

### Environmental Stress

*Cleansing and strengthening*

This is an excellent spray to assist you to keep your energy field clear and protected from the many environmental pollutants that our modern day world contains. Use when you feel that you are vulnerable to unwanted energies such as those from mobile phones, computers, radiation or other damaging energies.

\* White Yarrow, Malachite, Magnetite, Coal, Peridot & Turquoise

### Harmony & Tranquillity

*Promoting balance*

A peaceful mind and balanced emotions are essential ingredients if we are to experience true harmony and tranquillity in our lives. However we all know that these are states that can sometimes be very illusive as we deal with

the triggers and challenges of everyday life. Use this spray to help restore balance to unruly thoughts or turbulent emotions and reconnect you with your own inner centre of harmony and tranquillity.

\* Herkimer, Dandelion, Octahedron, Clear Quartz, Larimar, Lepidolite

### Heart Connection

*Living in Love*

When we live life from the perspective of the heart whole new realms of opportunity become available to us because we are in vibrational alignment with our true self and with the higher plan of our life. Denial of the love that we truly are is unfortunately still a deep unconscious pattern for many people and one that creates painful barriers around the heart that prevent us from living in love. Use this spray to promote a swift cleansing of old emotions that block you from fully opening your heart or simply to help you open your heart more deeply either to yourself or others.

\* Kunzite, Emerald, Fuchsia, Osteospermum, Peace & Ruby Red Roses

### Positive Vibrations

*Cleansing negativity*

Maintaining positive mental and emotional attitudes is as important as physical cleanliness to our overall health and well-being. Thoughts and feelings are all energetic frequencies and those that we choose to be predominate in our everyday reality will be the ones that set the universal law of attraction into motion to bring forward new life experiences. It is not only our personal energy field that is affected by the vibrational frequencies we choose to entertain. Those around us as well as the places in which we live and work will also be affected, positively or negatively, by our choices. Use this spray to cleanse and purify your personal energy field or use it as a space clearing spray for your living or workspace. Calling in the transformational Violet Flame when you use this spray will enhance its effectiveness.

\* Violet Flame, Angels of Transmutation & Purification, Fluorite, Merlinite, Smoky Quartz.

### Strength & Courage

*Overcoming Fear*

Fear is an energy that has been woven deeply into the human collective consciousness and we all carry patterning, often unconsciously, that can potentially pull us back into this vibrational frequency, especially when we find ourselves facing unexpected challenges. However, fear is a vibrational frequency that belongs to the illusion of separation and is therefore not 'real' from the perspective of our true self. Use this powerful spray to help you dissolve and transform vibrations of fear and remind you of your own innate strength and courage and the love that is your true self.

\* Garlic, Aventurine, St. John's Wort, Peace Rose, Smoky Quartz, AA Michael.