



Essence Guide Autumn 2013



Bach Flower Remedies

helping to bring greater balance to everyday life

The 38 Bach Flower Remedies are a wonderful resource that can help you to achieve greater balance & harmony in your life in a simple, natural & effective way. They cover 38 states of mind & emotion and there is also a special Revival Remedy combination. Crystal Herbs Bach Flower Remedies are made by hand with love & care according to the original instructions of Dr Bach. Stock Level. Preserved in organic brandy.

Essences in the Group

Agrimony	Honeysuckle	Vervain
Aspen	Hornbeam	Vine
Beech	Impatiens	Walnut
Centaury	Larch	Water Violet
Cerato	Mimulus	White Chestnut
Cherry Plum	Mustard	Wild Oat
Chestnut Bud	Oak	Wild Rose
Chicory	Olive	Willow
Clematis	Pine	Revival Remedy - For Emergency Situations -
Crab Apple	Red Chestnut	R.R. Spray - 30ml
Elm	Rock Rose	R.R. Cream - 50gr
Gentian	Rock Water	R.R. Cream - 100gr
Gorse	Scleranthus	Empty Bottles - 25ml
Heather	Star of Bethlehem	
Holly	Sweet Chestnut	

Pricing

Individual Bach Flower Remedies

10ml - **£3.60** | 25ml - **£5.60**

Revival Remedy Combination

10ml - **£3.60** | 25ml - **£5.60**

30ml Spray - **£6.00** | 50gr Cream - **£4.99** | 100gr Cream - **£8.95**

Empty Bottles

25ml - Per Bottle - **£0.85** | Per 10 - **£8.25** | Per Tray (135) - **£108.00**

Bach Flower Remedy Sets

Complete sets of all 38 Bach Flower Remedies plus two bottles of Revival Remedy.

Sets in Wooden Boxes

10ml - **£140.00** | 25ml - **£205.00**

Sets in Card Boxes

10ml - **£117.00** | 25ml - **£178.00**



i For more information please see P.6 of our catalogue.

... Our Bach Flower Remedies are handmade with Love & Care to the Original Instructions of Dr. Edward Bach and are preserved in Organic Brandy

Karmic Essences

a swift release of unconscious belief patterns

The Karmic Essences are a powerful set of essences that can help to open the inner doorways and take you straight to the heart of an issue, promoting a swift release of any unconscious belief pattern that is holding you back. Simple and easy to use they link directly into the seven personality groups identified by Dr. Edward Bach.

Essences in the Group

- Pink Rose
- Valerian
- Water Lily
- White Bluebell
- Wild Iris
- Wild Orchid
- Yellow Rattle
- Fuchsia
- Geranium
- Lily

Pricing

Individual Karmic Essences

10ml - **£4.96** | 25ml - **£7.96**

Karmic Essence Sets

Complete set of all 10

10ml - **£43.00** | 25ml - **£68.00**

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Angel Essences

working with the Angelic Frequencies

Each of the essences in this set of twenty Angel Essences creates a bridge between your everyday world and that of the Angelic Realms, linking you into their web of light and higher consciousness and helping you bring the positive qualities that they embody deeper into your awareness, bringing transformation and higher awareness.

Essences in the Group

- | | |
|---------------|---------------|
| Abundance | Love |
| Beauty | Mercy |
| Compassion | Patience |
| Determination | Peace |
| Forgiveness | Purification |
| Glory | Strength |
| Grace | Tranquillity |
| Harmony | Transmutation |
| Hope | Truth |
| Joy | Wisdom |

Pricing

Individual Angel Essences

10ml - **£4.96** | 25ml - **£7.96**

Angel Essence Sets

Sets of 10 or all 20

10 - 10ml - **£43.00** | 25ml - **£68.00**

20 - 10ml - **£83.00** | 25ml - **£133.00**

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A wonderful range of Essences, handmade with love & care to promote gentle & natural harmony at all levels of your being.



Rose Collection Essences

awakening the Heart chakra

The Rose Essences in this set help you to release all that is not love within your hearts and offer you a unique opportunity to heal your heart and to expand your ability to live in love. The consciousness of the heart is one of balance & unity and brings the gifts of inner peace, serenity, connection & unconditional love.

Essences in the Group

Blue Moon	Ruby Red
Compassion	Deep Secret
Green Rose	De La Hay
Handel	Sunblest
Iceberg	Sweetheart
Irene Of Denmark	Webbiana
Just Joey	Rose Combinations
Konigin von Danemark	Awakening the Heart
Maidens Blush	Heartfelt Forgiveness
Peace	Purity of Heart
Perdita	Unconditional Love
Regensberg	

Pricing

Individual Rose Essences

10ml - **£4.96** | 25ml - **£7.96**

Rose Combination Essences

10ml - **£5.56** | 25ml - **£9.95**

Rose Collection Essence Sets

You can buy the Rose Collection Essences in sets of 10 or all 20.

10 - 10ml - **£45.00** | 25ml - **£70.00**

20 - 10ml - **£87.00** | 25ml - **£138.00**

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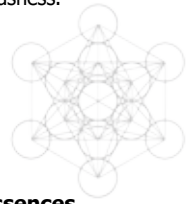
Platonic Solid Essences

restoring order & balance

The Platonic Solid Essences are powerful reminders to the body of its original matrix or blueprint and at a subtle level they can encourage restoration of order & balance according to the blueprint for the expansion of human consciousness.

Essences in the Group

Hexahedron
Dodecahedron
Icosahedron
Octahedron
Tetrahedron
Combinations
Metatrons Blend
Inner Light



Pricing

Individual Essences

10ml - **£4.96** | 25ml - **£7.96**

Combinations Essences

10ml - **£5.56** | 25ml - **£9.95**

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Individual Flower, Gem & Crystal Essences

use these essences singly or mix into unique personal combinations

We have a large range of over 400 single Flower, Gem & Crystal Essences that can be taken individually or mixed into combinations to provide more focused help. This extensive collection of Essences is a wonderful resource for anyone who enjoys creating their own unique combinations.

From Agapanthus to Zircon; see either our catalogue (page 34) or the Individual Flower, Gem & Crystal Essence booklet for a full list of the essences that we offer.

Pricing

Single Essences

10ml - **£5.05** | 25ml - **£8.00**

Single Essence Sets

Set of 10 - 10ml - **£45.00** | 25ml - **£70.00**

Set of 20 - 10ml - **£87.00** | 25ml - **£138.00**

Wellbeing Combinations

deep acting combination essences

A range of very useful Flower, Gem & Crystal Essence combinations focusing on five important & practical issues. Each combination is focused on helping you to restore the balance between body, mind & emotions related to that particular issue.

Essences in the Group

Environmental Stress
Graceful Change
Learning Easily
Sleep
Strength & Wellbeing

Pricing

Individual Combinations

10ml - **£5.56** | 25ml - **£9.95**

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Light Body Essences

very high frequency, finely tuned clearing & activation tools

The Rainbow Light Body Essences are very high frequency, finely tuned clearing and activation tools designed to assist in the development of your Light Body or Mer Ka Ba. Each of the essences in this set will help you to assimilate higher frequencies of Light into your physical & energetic systems.

Essences in the Group

Emotional Body	Hara
Mental Body	Integration
Etheric Body	Causal Body
Earth Star	I am Presence
Soul Star	Crystalline Ray
Thymus Chakra	Mer-Ka-Ba

Pricing

Individual Light Body Essences

15ml - **£9.65**

Light Body Essence Sets

Set of 12 - 15ml - **£103.00**

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Archangel & Ascended Master Essences

attuning to the Archangels & Ascended Masters

Each of the essences in this set of ten is vibrationally attuned to the consciousness of a particular Archangel or Ascended Master. Like doorways into a higher dimension these essences will help

you to link more easily with the web of light and higher consciousness of the Archangels & Ascended Masters.

Archangel Michael
Archangel Gabriel
Archangel Raphael
Archangel Uriel
Babaji
Divine Mother
Kuthumi
Maitreya
Sananda
Violet Flame

Pricing

Individual Essences

10ml - **£4.96** | 25ml - **£7.96**

Complete Set of all 10

10ml - **£43.00** | 25ml - **£68.00**

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Bookshop

The books here offer reliable in-depth information on using the Flower Essences that are available from our site.

The Twelve Healers & Other Remedies - £5.55

by Dr. Edward Bach

The Medical Discoveries of Edward Bach Physician - £8.99

by Nora Weekes

Heal Thyself - £3.50

by Dr. Edward Bach

The Collected Writings of Edward Bach - £8.99

Edited by Julian Barnard

Handbook of the Bach Flower Remedies - £14.99

by Philip Chancellor

Crystal Herbs Colour Poster - £5.00

- Showing the Bach Flower Remedies & Karmic Essences



Divine Harmony Essences

supporting your inner journey towards greater wholeness and self-awareness

The Divine Harmony Essences provide the tools that can help us restore the balance between body, mind, emotions & spirit that will allow us to manifest our own highest potential. Each combination contains a carefully selected blend of essences and facilitates inner change & transformation that is gentle, effective and life enhancing.



Essences in the Group

Transforming Core Emotions

Feeling Worthy
Forgiveness
Healing Bereavement
Inner Calm
Inner Certainty
Inner Freedom
Inner Joy
Inner Peace
Restoring Patience
Self Responsibility

Transforming Belief Patterns

Auric Protection
Being Present
Feeling Safe
Healing Abuse
Healing Relationships
Inner Harmony
Letting Go
Open to Receive
Transforming Addiction
Sexuality

Developing Positivity

Clarity
Concentration
Confidence
Creativity
Decisiveness
Emotional Balance
Inner Strength
Motivation
Spontaneity
Thankfulness

Integrating Spirit

Female Essence
Healing Family
Inner Focus
Inner Unity
Inner Wisdom
Loving Communication
Male Essence
New Horizons
Self Acceptance
Soul Connection

Pricing

Individual Divine Harmony Essences

10ml - **£5.56** | 25ml - **£9.95**

30ml Spray - **£9.95**

Divine Harmony Essence Sets

You can buy the Divine Harmony Essences in sets of 10, 20 or all 40.

10 - 10ml - **£48.00** | 25ml - **£75.00**

20 - 10ml - **£94.00** | 25ml - **£150.00**

40 - 10ml - **£185.00** | 25ml - **£299.00**



i For more information please see P.15 of our catalogue.

Chakra Essences

re-balancing the chakras and related patterns

This powerful set of combinations offers you the opportunity to work at a deep level with the issues and patterns of each of the chakras that most affect our physical, mental and emotional well being.



Essences in the Group

Feet Chakras
Base Chakra
Sacral Chakra
Solar Plexus Chakra
Heart Chakra
Higher Heart Chakra
Throat Chakra
Brow Chakra
Crown Chakra
Higher Chakra's

Pricing

Individual Chakra Essences

10ml - **£5.56** | 25ml - **£9.95**

Chakra Essence Sets

Complete set of all 10.

10ml - **£48.00** | 25ml - **£75.00**

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Inner Child Essences

connect with and heal your Inner Child

Healing the inner child helps us develop a more positive personality, balanced emotions and greater spiritual connection, as well as creating powerful soul growth. These 36 beautiful flower & gem essence combinations were created to facilitate the healing of your Inner Child and to help you return to the radiance of your pure, true self.

Essences in the Group

Acceptance	Goodwill	Peace
Balance	Gratitude	Prosperity
Be Here Now	Grief	Protected
Birth	Guardian Angel	Release
Courage	Humility	Relate
Decisive	Innocence	Self Worth
Delight	Intimacy	Simplicity
Faith	Love	Soul Gifts
Family	Mother	Soul Retrieval
Father	Mother Earth	Stillness
Forgiveness	Moving Forward	Truth
Freedom	Obsessions	Vision

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Pricing

Individual Inner Child Essences

15ml - **£9.65**

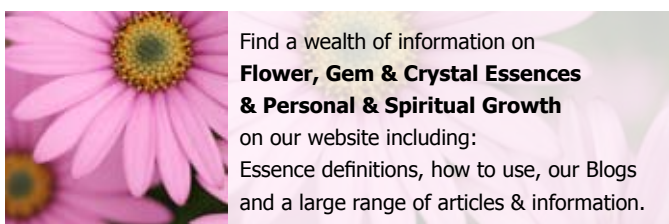
Inner Child Essence Sets

You can buy the Inner Child Essences in sets of 12 or all 36.

Set of 12 - 15ml - **£93.00**

Set of 36 - 15ml - **£265.00**

Inner Child Divination Cards - **£19.95**



Find a wealth of information on **Flower, Gem & Crystal Essences & Personal & Spiritual Growth** on our website including:
Essence definitions, how to use, our Blogs and a large range of articles & information.

www.crystalherbs.com

Pure Vibrations Spray Collection

essence sprays for positive vibrational alignment

Our spray essences have been designed specifically to provide you with easy access to the energetic support that will help you maintain a positive vibrational alignment, no matter what challenges you face in life. These sprays can be taken internally in the same way as our other essence combinations as well as being used externally.

Essences in the Group

Angelic Gifts	Environmental Stress
Auric Protection	Harmony & Tranquillity
Clarity & Perspective	Heart Connection
Earth Connection	Positive Vibrations
Energetic Alignment	Strength & Courage

Pricing

Spray Essences*
30ml - **£9.95**

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* You can choose either a brandy preservative or a Brandy and Rose Water blend.

Crystal Herbs Ltd

Flower, Gem & Crystal Essences

Crystal Herbs extensive range of Essences offers a comprehensive toolkit for personal transformation & spiritual growth. The unique and beautiful energies of nature encapsulated within each essence gently unlock and transform limiting beliefs and emotional patterns that no longer serve us.



All of our Flower, Gem & Crystal Essences are handmade with Love & Care.



Essences for personal & spiritual growth

Ordering from Crystal Herbs

Ordering Online

You can order online on our website - www.crystalherbs.com. Here you can find our full range of Essences and their definitions, along with full online ordering and secure payment, with a choice of credit & debit card payment through Worldpay or you can use your Paypal account.

www.crystalherbs.com

Ordering by Phone

You can place your order over the phone, as well as getting any help and advice you may need, by calling us on:

01379 608059



Ordering by Post

Please complete the order form & return it with your payment to:

Crystal Herbs Ltd, 16 Hall Farm, Station Road, Pulham Market, Norfolk. IP21 4XF. U.K.

Payment: Please either fill in your card details below or send a U.K. cheque or Postal Order made payable to 'Crystal Herbs Ltd'.

Help & Advice

You are more than welcome to give us a call if you would like any help or advice - **01379 608059**

You can also find a comprehensive help & advice section on our website, including our Self Help Essence Selector. **www.crystalherbs.com**

Practitioners

For more information on our Practitioner Accounts, please call us on 01379 608059 or look online at www.crystalherbs.com

Post & Packing

When ordering online or by phone, P&P is calculated by weight. If you wish to order by Post, please add the following P&P:-

- U.K. - Orders of up to £30 - please add £3.00
- U.K. - Orders of up to £60 - please add £3.50
- U.K. - Orders of over £60 - please add £4.95
- Overseas Orders - Please add £3.50 or 10% whichever is greater

Sub Total	£
Practitioner Discount	£
P&P	£
Grand Total	£

Name

Address

Postcode

Country Telephone

Essence	Size	Quantity	Sub Total

If you would like to order more than 10 items please attach a note with your additional essences

Card Number:

Exp Date: CW No: Val. From

Name on Card: Signature:

Registered Card Address if different from Delivery address

Crystal Herbs Ltd - Your Flower Essence Shop & Resource

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