



# Platonic Solid Essences

## The Five Platonic Solid Essences

### Hexahedron

Element - Earth

Keywords - foundations, structure.

### Tetrahedron

Element - Fire

Keywords - Divine spark of life.

### Icosahedron

Element - Water

Keywords; flow of life force, emotions.

### Dodecahedron

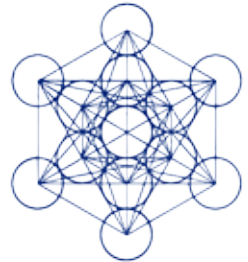
Element - Ether

Keywords - connection to the whole.

### Octahedron

Element - Air

Keywords - thoughts, connection to the higher mind.



## Platonic Solid Combinations

### Metatrons Blend

This essence is for those who would like to work with the energies of all five Platonic Solid shapes together. The energetic patterning of Metatron's Cube is also incorporated into this combination of essences. It acts as a powerful reminder to our energetic matrix of its original structure and form, as well as stimulating the conscious memory of the sacredness and interconnectedness of all life. This is a universally applicable essence for all those intent upon awakening to their full potential.

### Inner Light Combination

Indications: helps our energetic structure remember how to absorb and use the regenerative properties of light.

We are all currently involved in a process of evolution which is rapidly expanding our consciousness and promoting change in our energetic structures. A major aspect of this evolutionary change is the requirement for us to remember how to use and assimilate high frequency energy in the form of light, through all aspects of our being. However the old patterns of density that we have become accustomed to create a resistance to this process that can sometimes be slow to shift, especially at a denser level. This combination will help to break down that resistance and remind us of our original patterning of perfection.

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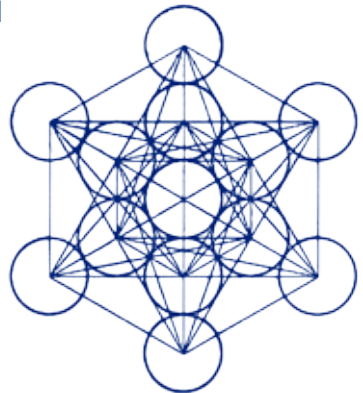
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## About the Platonic Solids

A few years ago we felt inspired to make an essence from each of the platonic solid shapes. These we have subsequently used with very good effect and are we now making them available as single essences for anyone who feels drawn to work with them, plus a special combination of all five called Metatron's Blend.

In the ancient mystery schools the study of sacred geometry was considered an indispensable requirement for gaining a greater understanding of life. It was known and understood that the five platonic solid shapes are a part of the building blocks of life. Together with the sphere these five shapes are the component parts of Metatron's Cube which itself is a part of the Flower of Life pattern from which all forms of life are created. According to ancient tradition each of the platonic solids has a connection with a particular elemental energy. The Platonic Solid Essences are therefore powerful reminders to the body of its original matrix or blueprint. Working at a subtle level they can encourage restoration of order and balance according to the current blueprint for the expansion of human consciousness. We suggest that you intuit or dowsed the essence that will most help you, and then take it in a similar way to any other single flower or gem essence.



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