

## Gifts of transformation from the Rose Family

Throughout the ages roses have been associated with the heart and have traditionally been given as a symbol of love. As a species they hold the vibration of unconditional love and their gift to us is their ability to help us remember and awaken the spark of Divine Love that we each carry deep within our hearts.

All life forms need love in order to flourish and grow to their maximum potential. The old saying 'love makes the world go around' is a reminder to us of one of the essential truths of the universe. The energy of Love is part of the building blocks of the universe and present in every atom and molecule of existence. In fact it is the glue that holds the universe together, yet ironically, unless we remember to open our hearts to love we can believe that we live in a world in which love appears to be both scarce and limited.

Opening our hearts and awakening the powerful force of unconditional love within expands the connection with our Soul, dispelling the illusion of separation and reconnecting us with the knowing that we are part of a unified consciousness within which many levels of conscious life exist.

The powerful waves of change that are continuing to sweep through our planet are currently offering us all the opportunity to let go of old patterns based on separation and to move fully into our hearts so that we can contribute to the creation of a new reality based on unity consciousness – the consciousness of the heart. What greater help and support could we have to help us with this than that offered by the simple, natural perfection of the Rose family?

## How To Use the Rose Essences



Take four drops on the tongue 3 or 4 times a day from your chosen essence or combination continuing until the bottle is finished.

For best results take essences directly from stock level, 10 minutes away from food and drink.



Please Note - Using vibrational essences does not replace medical treatment

## How to Order

You can order the Rose Essences as individual bottles, a set of any 10 or as a complete set of all 20.

Tel: 01379 608059

Online: [www.crystalherbs.com](http://www.crystalherbs.com)

### Or you can order by Post

Crystal Herbs - 16 Hall Farm, Station Road,  
Pulham Market, Norfolk. IP21 4XF. U.K.  
Please include payment with order.

### Prices

For our latest prices, please see our current order form or look on our website - [www.crystalherbs.com](http://www.crystalherbs.com)

### Help & Advice

If you need any help or advice with choosing and using these Essences, please do contact us.



### Handmade with Love & Care

From making the Mother Tincture to bottling and labelling the stock bottles that we send you, each essence is handmade with love and care helping to ensure that we provide you with the best possible quality of essence.

**Storage Advice** - It is best to store vibrational medicine in a cool place away from TV's, microwaves, computers etc.

### Find Out More

You can find out more about our complete range of Bach Flower Remedies and Flower, Gem & Crystal Essences, by visiting our website - [www.crystalherbs.com](http://www.crystalherbs.com) or by requesting a copy of our **free catalogue**.

*Crystal Herbs* Ltd

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Crystal Herbs is a member of the  
British Association of Flower Essence Producers



# Rose Collection Essences

*Twenty Rose Collection Essences  
to awaken the Heart Chakra*

The Rose Essences and Rose Combinations in this set have each been chosen for their ability to help us release all that is not love within our heart chakras and to inspire us to live our lives from the perspective of the heart. The consciousness of the heart is one of balance and unity and brings the gifts of inner peace, serenity, connection and unconditional love. The set contains four deep acting Rose Combinations and sixteen individual Rose Essences, each one offering you a unique opportunity to balance your heart chakra and to expand your ability to live in love.

*Crystal Herbs* Ltd

A wonderful selection of Flower, Gem & Crystal  
Essences promoting Unity of Mind, Body & Spirit.



**Flower Essences & Flower Essence Combinations**

# Rose Collection Essences

## The Individual Rose Essences

### Blue Moon

This essence brings forward and helps to clear those issues of the heart chakra that have been relegated to the shadowy regions of consciousness. As these issues come into the light of awareness, the shadows melt away in the light of our love and the heart chakra is able to open more fully.

### Compassion

This essence strengthens the link between the heart chakra and the higher mind creating a greater connection with our inner wisdom. It helps to promote feelings of peace, serenity and inner certainty.

### De La Hay

This essence promotes a greater alignment between the heart chakra and the crown chakra which inspires the transformation of belief into inner knowing.

### Deep Secret

This essence helps us to move from the consciousness of the solar plexus chakra into that of the heart chakra. It works in the lowest section of the heart chakra to clear away lower frequency energies that prevent us from moving fully into the heart chakra.

### Green Rose

This essence works through the heart chakra to develop and enhance psychic abilities. It can be particularly helpful for those working with issues caused by repression or misperception of psychic gifts created in previous lives.

### Handel

This essence promotes the qualities of strength, courage and positive self value. It is particularly helpful where there are issues stuck in the heart chakra that are creating feelings of low self-worth.

### Iceberg

This essence helps to release and gently dissolve defence barriers that have built up around the heart chakra as a result of painful experiences from the past. It is a helpful essence for anyone who feels isolated from others or has difficulty being open to receive.

### Irene of Denmark

This essence works through the heart chakra to clear away memories and fears relating to past persecution and attack. This is a very helpful essence for anyone who has suffered bullying or abuse either in this life or another.

### Just Joey

This essence carries the vibrations of joy and playfulness. It works through the heart chakra to help those who need to expand the qualities of joy and creativity in their lives.

### Peace

This essence helps us to establish the vibration of inner peace within our heart chakra, by transmuting any vibrations of fear that have become stuck in the heart chakra.

### Perdita

This essence works through the heart chakra to promote the qualities of purity and unconditional love. It is a helpful essence for anyone who experiences feelings of shame that do not allow them to see the radiance of their true being.

### Regensberg

This essence helps to align the heart chakra with all the other upper body chakras promoting a stronger connection with the soul and inner guidance.

### Ruby Red

This essence connects with the Ruby Red Ray of forgiveness and helps us attune to Christ Consciousness. Its beautiful vibration will gently transmute old pain and sorrow held in the heart chakra leaving love and compassion in its place.

### Sunblest

This essence works through the heart chakra to promote a greater sense of inner security. It is a helpful essence for those who feel they need to develop the qualities of inner strength and courage.

### Sweetheart

This beautiful essence draws into our awareness a greater understanding of unconditional love, helping us to connect with this vibration deep within our heart chakra.

### Webbiana

This essence works through the heart chakra to expand consciousness and psychic abilities. It can help you develop the ability to transfer energy to & from multidimensional levels so that greater contact with the spiritual realms is possible.

## The Rose Combinations

### Awakening the Heart

Just as the sun is invisible to us on a cloudy day so the love within our own hearts can become shrouded by past pain and sorrow until we have all but forgotten that it is there. This combination will gently help to dissolve these old issues and barriers so that the vibrations of love & joy can reawaken within the heart chakra.

#### Combination of -

Rosa Deep Secret, Rosa Blue Moon, Iceberg Rose & Sweetheart Rose.

### Heartfelt Forgiveness

This combination carries the vibration of forgiveness deep into the heart chakra helping to bring into awareness any past events or situations that still require forgiveness, either of self or another, to allow the heart chakra to open fully. Call the Ruby Red Ray of Forgiveness into your heart while you take this combination to help you see the higher perspective of these old memories so that you can forgive and move on.

#### Combination of:-

Ruby Red Rose, Rosa de la Hay, Rosa Deep Secret & Peace Rose.

### Purity of Heart

This combination focuses the vibrations of purity and peace deep within the heart chakra, helping to release and transmute buried feelings of unworthiness, shame, fear or anger held within. It is a particularly supportive combination for anyone who has suffered abuse either in this life or another.

#### Combination of:-

Irene of Denmark, Perdita, Peace & Handel.

### Unconditional Love

This combination holds the vibrational frequency of unconditional love and will take you deep within your heart chakra to connect with the infinite source of love held within. Allow it to help you expand the spark of Divine Unconditional Love within your heart chakra and connect you more fully with the radiance of your true self.

#### Combination of:-

Compassion, Perdita, Sweetheart & Ruby Red.

### Making your own combinations

You could also mix your own selection of individual Rose Essences from this collection into a combination. Simply mix equal quantities of each chosen essence in a clean bottle. Alternatively you could order your chosen essences made into a stock level combination by us. (25ml size only).

NB: We do not recommend mixing more than 5 essences together in one bottle.